

## Food Review: A Day at the MN State Fair



By Cyrus Farivar

Photos by Cyrus Farivar

The Minnesota State Fair is home to many wonderful attractions. However, one of its primary attractions is the wide variety of foods served there annually. The food choices had a broad range in their quality and attraction; however, only the most noteworthy will be mentioned. If you were to pay a visit to the fair it would be good to visit the most popular booths for food, these included Minnehaha Kebab, Hawaiian Shaved Ice; a tropical delicacy, Tom Thumb Donuts Shack, Oven Fresh Brownies, and one of the most popular places overall Netterfield Chicken.

Netterfields Fried Chicken was deep-fried chicken on a stick marinated with salt, butter, various southern spices. To top it all off, it was encrusted with frosted flakes cereal to add an extra “zing.” It’s graceful combination of salty and sweet made for an enjoyable eating experience. The proprietor was kind enough to explain that the specific juxtaposition of the different flavors was specifically designed to appeal to a wider palate range.

Oven fresh brownies were perhaps one of the most popular dessert booths available at the fair. Their most popular dish is the “turtle brownie,” which consists of a brownie mixed with hot fudge, walnuts, whipped cream and the finished product is doused with sugar.

Another dessert truck I visited was Tom Thumb Donuts.

This is the most occupied donut stall at the whole fair. They make the donuts in front of you to illustrate how fresh they were. Each donut was covered in sugar and other toppings and they were warm to the touch.

Minnehaha kebab offered a variety of products, most of which had a very oniony garlic taste. Each bite was strong, yet unique and leaves a lasting imprint.

Hawaiian Shaved Ice was all-in-all not very unique or out of the norm. Due to the fact that it was literally just syrup and ice it doesn’t take a lot of work or craftsmanship. In my view this depreciates the artistic value of the foods created for the fair. Regardless the flavors were cool and pleasant

In short, the Minnesota state fair is a cool opportunity to check out samples of local cuisine from all over the state and is quite the experience. Too bad you’ll have to wait until next year to check it out!