

## Volleyball Sets to Kill Another Opponent

By William Lange

The Golden Bear volleyball team finished the regular season undefeated in conference play, 20-0. They carried this success into the regional tournament. The Bears rolled over the heavily stacked competition. Concordia was ranked 2<sup>nd</sup> in the region behind hosts, Southwest Minnesota State. En route to their fourth consecutive regional tournament victory, Concordia only dropped two sets. The Bears were lead by All Tournament Team members, Amanda Konetchy, Cassie Haag, Megan Carlson, and Emily Palkert. The Golden Bears are now set to win their fourth consecutive National Title heading in to



Pictured: All-Tournament team, photo credit tournament website

the tournament 29-4. Taylor Fieldsted credits the Bears' success to staying "cool, calm, and collected" and Palkert adds by saying, that the team will focus on their game and not worry about the other team's game plan. Megan Carlson had a great tournament, putting up double digits kills and digs in each game. Senior Emily Palkert enters her final tournament with Concordia as CU's all time leading points scorer, most kills all time, most blocks in a season, and the most kills in a match with 34. CU has been undefeated in the post-season in over the last four years, they look to win their 4<sup>th</sup> national title and send off Senior Krista Erickson and Emily Palkert a perfect 4-4. The Golden Bears head out to Bellarmine University in Louisville, Kentucky California State; San Bernardino, being the first road block on the road to the championship.

## Women's Basketball Team Looking to Re-Jumpstart Season

After devastating loss to DI University of Iowa the team looks to get back on track.

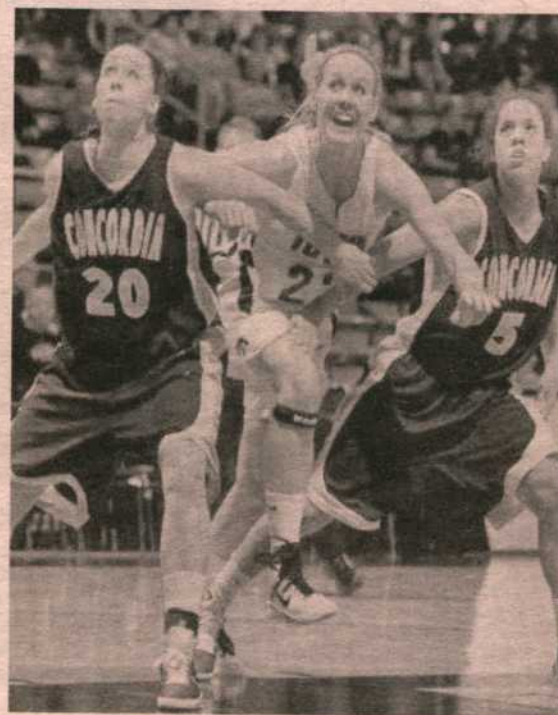
By Kristi Loobeek

The Concordia women's basketball team is looking to shake off their 59-101 exhibition loss against the University of Iowa and regain confidence going into the regular season. Coach Paul Fessler is hopeful that the team will quickly rebound from this loss claiming that "the worst part of the Iowa game was what the scoreboard said." Fessler is happy with many aspect of the game despite the loss. "There were plenty of positives, we shut down their leading scorers and held them in check, we played even with them on shot attempts, free throw attempts, turnovers, those were all very good positives for us," said Fessler.

The team moves into the regular season with seven new players, six freshman and one transfer student. Fessler explains that these new players need to have a quick learning curve and also be quickly acquainted with the intensity of college ball. With so many new players the team looks to its four seniors, Zoraa Quoie, Maurika Hickman, Jineen Williams and Marlayna Graff, to lead by example and give guidance on and off the court. When asked who is the rock of the team Fessler confesses they have three. "We want our point guard Rika (Hickman) to be our rock as far as keeping us poised and in control of what's on the court, Jineen should be our go-to person and rock on an offensive standpoint, and Zoraa should be established defensively. We can look to her to shut down their main player."

Fessler admits that because the team is so young they are behind in strategies, but is excelling past expectations in work ethic. The team is looking to rely on what Fessler calls a "dribble, drive and kick" motion offense rather than set plays.

Along with a motion offense the team also needs to focus on a few small things, including rebounding and post defense. The team went 26-6 last year and is looking to secure at least twenty wins again this season, making it the tenth season in a row of twenty-plus season wins. But more importantly, the team is looking to improve on where they finish the year, last year being in the Sweet Sixteen. Like any other sport on campus the women's team is looking for support from all the students on campus. Big rivals for the Bears include Moorhead and Winona. The Moorhead game is away, but the Winona game will be played at the Gangelhoff Center on Jan 1, 6pm.



Pictured: Carissa and Anne box out Iowa player photo credit: Iowa Athletics website

Are graduate studies the next step on your journey?

Master of Arts in Theological Studies  
Master of Organizational Leadership

ON SITE OR ONLINE



NORTHWESTERN COLLEGE  
ST. PAUL, MINNESOTA

Adult education you can have faith in.

GRADUATE & CONTINUING EDUCATION

LEARN MORE

NWC.EDU | 651-631-5200

NEED YOUR NEWSPAPERS PUBLISHED?

LILLIE SUBURBAN NEWSPAPERS, INC.

FAMILY OWNED FOR 70 YEARS AND STILL GROWING



2515 E. 7TH AVENUE  
NORTH ST. PAUL, MN 55109  
(651) 777-8800  
WWW.LILLIENEWS.COM