

OPINION/SPORTS

Top Five Ways to Social Distance

BY RYAN SKILLE

EVERYONE KNOWS THAT to keep each other safe and hinder the spread of COVID-19 they must keep a social distance of at least six feet between you and anyone outside your household. However, this can be more difficult for some people than for others. For those of you that have trouble finding ways to stay distant from others, whether it be from those you love or literally every other person that exists in the universe, here are five easy and practical ways to social distance.

Loud noise

Do you have an old tractor engine that's been sitting in your garage that you just don't know what to do with? Consider strapping it onto your back and starting it up. The noise will be so loud that no one else will want to come near you, making it easy to maintain social distancing protocol (certain music that falls under the genre of "mumble rap" will also achieve similar results).

Gotta Go Fast

The American model of freedom and efficiency, Sonic the Hedgehog, once said, "Nothing starts until you take action. If you've got time to worry, then run!" This advice has been passed down for generations in tax evading groups. It has recently been brought to the public's attention that it may be an effective strategy for fighting the current pandemic. If you're constantly running everywhere, you won't have time to spread the virus. This method requires more research as it is unclear how humans can match hedgehogs' seemingly infinite endurance.

Pigpen

Human odor is a strong motivator for social distancing. The stronger your natural musk, the wider radius people will take to get around you. Besides, this means that you never have to waste your valuable time in the pesky shower, leaving more time for other activities. The single drawback of using this method is that any individual attempts to find a romantic partner will be forced to resort to online dating sites.

Pole vaulting

Everyone's upset that sports at CSP have been cancelled for the foreseeable future. Whether you're an athlete that now has no outlet for your physical energy or just someone who has always wanted to try a sport but never fit in, consider taking up the pole vault. It's a great way to stay active, and carrying your pole around gives you an easy way to measure the distance between you and your peers. Someone getting a little too close? Simply whip out the pole and everyone within six feet of you will scatter.

Hoop skirts

Victorian ladies, the number one method of social distancing is for you. Get rid of those skinny jeans and #throwbackthursday to the early 1800s. Nothing screams "Victorian Princess" like a nice full-length dress with hoops so huge that nobody has the ability to physically come within six feet of you. Always wanted hoops but never had the money to buy earrings? Then these may be the hoops you're looking for. In the meantime, you can keep others safe.

In conclusion, there are many ways to maintain social distancing and keep those you love out of harm's way. Regardless of the method you choose to implement, you aren't doing it for yourself. You're doing it for those you love and the future of the entire world.

What Are CSP Athletes Doing Now?

BY ISABELLA D'BURKE

THE ATHLETES AT CSP have certainly had a different fall. Without sports and limited accessibility to facilities, our athletes have had to adapt and overcome. Below are responses from numerous athletes on the fall cancellations, upcoming seasons, and how they are staying busy. When asked what she's doing to stay in-shape and/or busy, Sarah Golemme, junior soccer player, replied, "My roommate and I go on a lot of bike rides and go to the gym when possible. I've also been devoting a lot of time to mental health advocacy and initiatives via The Hidden Opponent and working with the Athletic Department here at CSP." Likewise, Clara Heislen, a sophomore softball player, feels the same way about taking time for herself. She stated that she had worked with an old coach over the summer and also added, "I have taken a lot of this time to relax which is something I don't do often. This season of waiting and wondering has allowed me to develop mentally more than ever before."

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While it has been beneficial for some athletes to take a small break, the lack of competing has undoubtedly been tough on the athletes. When asked, "How did you feel when your season was cancelled?," Maria Brown, a senior cross country and track runner, explained, "I felt like I did not get the closure I wanted from cross country since I never knew my last race was my last race. ... Even though it was not a surprise it is still equally hard to handle. I have had sad days where I think about this fall being very different. I try to live day by day and focus on the blessings of every day since nothing is certain or promised. Every run is a blessing and thus I will continue to hold onto the hope of track and enjoy the season I am in now." Darios Crawley-Reed, sophomore football player, added his feelings to the question by answering with, "When I found out the season was getting cancelled, I was extremely upset. I knew there was a lot that went into the decision, but my heart is where football is. I knew that I could sleep at night, though, because I know it was to protect us." Golemme contributes to the conversation that she knew that it was the right decision to cancel the fall seasons this year by stating, "There are a lot of unknowns when it comes to COVID, and I don't think that carrying out a full season and travelling to play other schools would have been successful or smart."

Looking ahead, the spring and winter athletes are nervously waiting to see what their seasons are going to hold. Shawna Mell, a sophomore basketball player, voices her concerns by commenting, "I am very nervous about our upcoming season. Our games have already been pushed to not start until January 1st, when they originally began the end of October. This means a much longer pre-season and we are stuck thinking about so many unknowns every day. Basketball is very much a contact sport, so I hope we can still have a season despite needing to stay 6 feet away from people." Nobody can fully say what is to come, so sitting back and waiting for the call to be made is the only thing left to do.

Athletes are having to make large adjustments in their training and routines. These unprecedented times are leaving many athletes without a strong sense of purpose. Through it all, adapting and overcoming these times will make the athletes stronger in the end.