

Derrick Rose: *The Rose That Blossomed Twice*

BY ELHAM MOHAMUD

2 57 GAMES. That is the number of games missed by current Minnesota Timberwolf and former NBA MVP Derrick Rose, due to a devastating injury.

Rose came into the NBA in 2008, drafted first overall to his hometown team, the Chicago Bulls. Rose was an enigma on the court and in the league after an amazing rookie season. In his first season, Rose won rookie of the year, brought the Bulls to the playoffs with a bright future in the works.

Rose continued to push the Bulls to playoffs, and finally, in the 2010 season, he was named the NBA Most Valuable Player. At the end of the 2010-11 NBA season, the Bulls had leading record in the league (62-20). This was the height of Rose career.

He was coming off a record-breaking year when the Bulls came into the 2012-13 NBA season with the same focus of winning. The Bulls continued to dominate until the first game of the NBA playoffs, when Rose tore his ACL. It was heartbreaking news to Rose, the Chicago Bulls, and their fans.

This was the turning point in Rose's career. A typical torn ACL is about an 8-12 month recovery time, but this injury seemed different.

Rose didn't play a single game in the following 2013-14 NBA season. Once Rose was finally able to get back onto the court, injury seemed to follow him, tearing his meniscus during the 2014-15 season.

The dark cloud that was over Rose throughout this point in his career ended his time with the Bulls in the 2015-16 season. This is the beginning of Rose's tour around the NBA.

Rose signed with the New York Knicks for the 2016-17 season, where he was plagued with more injuries, then was signed with the Cleveland Cavaliers in the summer of 2017. After a disastrous showing with LeBron James and the Cavaliers, Rose was released.

After a few months being out of the league, Rose was able to join former teammate Jimmy Butler and head coach Tom Thibodeau with the Minnesota Timberwolves during the back half of the 2017 season. Rose had seemed to develop a role with the Wolves as a mentor to younger players, as well as providing some support at the point guard position. But it wasn't until a match up on Halloween night with the Utah Jazz where the former MVP of the league had a flash to the past.

Rose was seemingly unstoppable, as he finished the game with fifty points and a three-point victory over a conference opponent, but this seemed bigger than just any ole' win. This meant more to Rose and the team.

After being ridiculed and being a joke amongst fans for his unlucky injury history, for a moment, the MVP form was back. The emotional win seemed to spark the team and the fanbase.

After the game, an emotional and teary-eyed Rose was asked on what this moment meant to him by exasperating, "Everything man, I worked my a** off. I did this for the franchise, the organization, the fans, everybody." Rose later spoke with ESPN in saying, "I always say, like, I quit a couple of times but never gave up, Like that's something I never did. I never gave up. I never threw in the towel. And it plays a role into, like, the character I have or the character I've built for myself. Like, I know how much I love the game."

To some, this one performance might just make for a fun moment in the NBA season, but to Rose, it was more. It showed the power of perseverance, showing he believes that he can get back to the level of play that once made him an intimidating force in the NBA. †

Men's and Women's Cross-Country Season Comes to and End

BY ZACK MOELLER

The men's and women's cross-country teams finished up their 2018 seasons with the NCAA Central Regional Championship at Tom Rutledge Cross Country Course on the campus of Missouri Southern State University. Both the men and women followed the pattern of the season with strong team runs. The men finished eleventh out of twenty-eight teams while the women finished breaking the previous program record for the race, while the women finished twenty-first out of thirty-five teams.

The men were once again led by junior, Benjamin Allen who broke yet another set of records running a 30:47.4 10k time shattering the previous school record. The time was good enough for 12th overall in the men's field which is also a school record, while the performance was good enough to boost the team to a new program record for the regional race with the eleventh-place finish.

Of the twelve Northern Sun teams at the regional race, the Golden Bears finished fourth. Allen was the fifth best Northern Sun male runner of the day, but just narrowly missed qualifying for the NCAA Division II Championship. Senior, Caleb Troe also had a good day finishing 61st overall with a time of 32:16.2, finishing eight seconds faster than his all-region race from last season (a program record until broken by Allen). As a group the team beat

six teams for the first time as well as beating Minnesota Duluth for the second time of the season.

On the women's side, sophomore, Kara Lindberg led to team to an improved 21st place overall finish. Lindberg's personal time of 22:56.7 6k time was good enough for a 49th place finish overall, twenty-eight spots higher than her regional run from last year. The women, like the men, also beat four teams for the first time this season.

"Overall the season went well," said junior

Tasha Bennett. "I think we turned some heads and proved how strong both teams can be. We definitely have unfinished business for the next year, but I think we are all pleased with how our season ended."

Many of the runners get very little time off however, as many run long distance races for the cross-country team also run races for the track team. The first track meet is the second week of December and many of the runners will look to continue the momentum into that season as well. †



Photography provided by Kris Fasnacht
Pictured is senior, Caleb Troe and juniors Ben Allen, Tyler Hudson,
as well Cole Oslin.